



The **Bloom Recovery Home**, a program of Homeward Pikes Peak, is a *sober living transitional housing program for pregnant and parenting women*. Bloom Recovery Home provided housing and case management and links them to treatment within the Harbor House Clinic. The target population is homeless and/or financially vulnerable women at risk of being homeless (18 years+) who are pregnant or have young infants struggling with addiction. HPP serves these women to reduce the number of homeless individuals who become entangled in the child welfare system and risk losing custody of their children.

The **Bloom Recovery Home** program has five phases that clients will strive to complete. The first objective is sobriety and stability. Phase 1) Clients will be provided orientation and participate in a full assessment and an individualized service plan will be developed. Phase 2) Clients will engage in outpatient treatment, substance abuse counseling, support and education groups and case management. Phase 3) Build on the client's strengths and identify and address behaviors that contribute to drug and alcohol use and remove barriers toward employment and work with family systems to create/maintain healthy parenting skills. Phase 4) Continue to build skills that will lead to self-sufficiency – reducing impact of past trauma, reconnect with family and healthy social support systems and attach to community support groups. Phase 5) Plan for program graduation by building independent living skills, budgeting/money management, and implement employment monitoring.

This program is modeled after several programs that exist in our community and in Denver. HPP staff have interviewed and studied the Mary's Home (Colorado Springs), The Haven (Denver), Harbor House Residential (Colorado Springs) and local sober houses to identify high quality program elements. There is a high degree of collaboration to help HPP be successful with this program because of a shared understanding of the lack of programs serving pregnant and parenting women in our community.

There is twenty-four hour staffing from two House Managers and a Program Manager/Case-manager who will also provide comprehensive case management and provide referrals to other services as needed by the clients. Following HUD guidelines of "two heartbeats per room", we will manage the sober house to maximize the home for a successful client mix. Residents will receive case management from the HPP staff and be eligible to receive treatment from Harbor House Clinic. We strive to provide an integration of substance abuse treatment, primary medical care for the mother and child, mental health treatment and positive community collaborations to provide additional support. Clients will follow a case management service plan that guides them through the five- stage program that focuses on sobriety, move toward stability and a housing program for their long-term self-sufficiency. Clients will utilize intensive outpatient treatment from community-based agencies and be required to attend additional substance abuse treatment programming such as Alcoholics Anonymous or Narcotics Anonymous.

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